



the TIDES

COMMODITY TRADING GROUP

NUTRITIONAL

Morello Cherry Juice Concentrate 68 Brix

| Nutrients | Amount per 100 gms |
|---------------------|-------------------------------|
| Calories | 244 |
| Proteins (gms) | 4.42 |
| Carbohydrates (gms) | 63.6 |
| Fat (gms) | 2.31 |
| Moisture (gms) | 32.0 |
| Fiber (gms) | 1.02 |
| Ash (gms) | 1.92 |
| Cholesterol (mgs) | 0 |
| Vitamin A (IU) | 3479.3 |
| Vitamin C (mgs) | 36 |
| Thiamin (mgs) | 16 |
| Riboflavin (mgs) | 0.0197 |
| Niacin (mgs) | 1.7 |
| Sodium (mgs) | 7.14 |
| Calcium (mgs) | 64.5 |
| Potassium (mgs) | 800.8 |
| Iron (mgs) | 1.34 |
| Phosphorus (mgs) | 68.7 |

For information purposes only.

The Tides Commodity Trading Group cannot guarantee the specific accuracy of the data herein.