



the TIDES

COMMODITY TRADING GROUP

NUTRITIONAL

Dark Sweet Cherry Juice Concentrate 68 Brix

Nutrients	Amount per 100 gms
Calories	270
Proteins (gms)	3.8
Carbohydrates (gms)	60
Fat (gms)	0.20
Saturated Fatty Acids (gms)	0.01
Unsaturated Fatty Acids (gms)	0.01
Moisture (gms)	38.0
Fiber (gms)	0.20
Cholesterol (mgs)	0
Vitamin A (IU)	365
Vitamin C (mgs)	35
Thiamin (mgs)	0.024
Riboflavin (mgs)	0.014
Niacin (mgs)	0.85
Sodium (mgs)	3.0
Calcium (mgs)	40.0
Potassium (mgs)	137
Iron (mgs)	0.3
Phosphorus (mgs)	45.0

For information purposes only.

The Tides Commodity Trading Group cannot guarantee the specific accuracy of the data herein.