



NUTRITIONAL INFORMATION
 Concord Grape Juice Concentrate

Nutrients	Amount per 100 gms
Calories	292
Proteins (gms)	2.9
Carbohydrates (gms)	68
Fat (gms)	0.43
Saturated Fatty Acids (gms)	0.133
Unsaturated Fatty Acids (gms)	0.133
Moisture (gms)	30
Dietary Fiber (gms)	Trace
Cholesterol (mgs)	0
Vitamin A (IU)	42
Vitamin C (mgs)	0.5
Thiamin (mgs)	0.14
Riboflavin (mgs)	0.20
Niacin (mgs)	1.4
Sodium (mgs)	16
Calcium (mgs)	48
Iron (mgs)	1.28
Potassium (mgs)	703
Phosphorus (mgs)	59