



**NUTRITIONAL**  
**Blackberry Juice Concentrate 65 Brix**

<b>Nutrients</b>	<b>Amount per 100 gms</b>
Calories	305
Proteins (gms)	2.46
Carbohydrates (gms)	64
Fat (gms)	4.8
Moisture (gms)	35
Dietary Fiber (gms)	0
Cholesterol (mgs)	0
Vitamin A (IU)	0
Vitamin C (mgs)	82.2
Thiamin (mgs)	0.16
Riboflavin (mgs)	0.24
Niacin (mgs)	2.46
Sodium (mgs)	8.22
Calcium (mgs)	98.9
Potassium (mgs)	1397.9
Iron (mgs)	7.40
Phosphorus (mgs)	98.68

For information purposes only.  
 The Tides Commodity Trading Group cannot guarantee the specific accuracy of the data herein.